

THE BLACKROCK

BAR • EATERY • TERRACE

LUNCH

STARTERS:

Soup of the Day €7.50

(Gw, Gb, Mi)

Served with homemade Guinness brown bread.

Buttermilk Chicken Tenders Small €11.50 Large €17.50

(Gw, E, Mi, So, Sd)

Our house Buttermilk tenders, lightly floured, fried and tossed in a maple/Chipotle glaze with baby leaf salad & aioli.

Chicken Wings Small €12.00 Large €18.00

(Gw, E, F, So, Mi, Se, Sd)

Choose from our house made sauces:

Spicy Korean style or Sweet bourbon barbeque topped with scallions and served with black sesame & sriracha aioli.

Calamari Rings Small €11.50 Large €16.00

(Gw, Mi, So, Mo, E)

Lightly battered calamari served with a baby leaf salad, lemon wedge & garlic aioli dipping sauce.

MAINS:

The Blackrock Burger €18.50

(Gw, So, Mi, Sd, E, MCN)

Char-grilled 8oz beef patty, smoked streaky bacon, smoked Applewood cheese, baby gem, sliced beef tomato, scorched onion aioli and crispy onions, served in a brioche bun with sea salt fries.

Fish & Chips €18.50

(Gw, Gb, F, So, Sd, E)

Sustainable fillets of white fish in a light & crunchy beer batter, homemade sauce gribiché, pea and mint purée. Served with thick cut chips

Mediterranean Vegan Bowl €16.50

(Se, So, Sd, Gw)

A mix of grilled vegetables, hummus, falafel, olives, and couscous, drizzled with a lemon & tahini sauce.

Chowder Small €14.50 Large €18.00

(Gw, F, Ce, Mo, Mi)

Freshly diced cod, salmon, haddock and smoked coley poached with mussels, in a rich & creamy vegetable broth.

ALLERGENS

Gb	Gluten: Barley	Npn	Nuts: Pine Nuts
Gw	Gluten: Wheat	Np	Nuts: Pecans
Lu	Lupin	Npe	Nuts: Peanut
Mi	Milk	MCN	May Contain Nuts
Na	Nuts: Almond	Mo	Molluscs
Ne	Nuts: Cashew	Mu	Mustard
Nw	Nuts: Walnuts	Sd	Sulphur Dioxide
Nh	Nuts: Hazelnuts	Se	Sesame
Nps	Nuts: Pistachio	So	Soy
Ce	Celery		
Cr	Crustaceans		
E	Eggs		
F	Fish		
Go	Gluten: Oats		
Gr	Gluten: Rye		

SALADS:

Greek Salad

(Sd, So, Mi)

€14.50

Mixed greens, ripe tomatoes, cucumbers, Kalamata olives, red onions, feta cheese, oregano, dressed in a red wine vinegar

Smoked Salmon Salad

(Sd, F, So)

€15.00

Smoked Irish salmon, capers, red onions, mixed greens, and a lemon-dill vinaigrette.

Caprese Salad

(Sd, F, So)

€11.00

Slices of fresh mozzarella, ripe tomatoes and basil, drizzled with balsamic glaze. Served with toasted sourdough.

Beetroot and Goats Cheese Salad

(Mi, So, Sd, Mu)

€15.00

Roasted beetroot, creamy goats cheese, baby leaves, mixed greens & honey-mustard dressing.

Add chicken €4.50 Add prawns €5.50

SANDWICHES & WRAPS:

Pulled Chicken Turkish Gyro €16.00

(Gw, Mi, So, Sd)

Home-made flat bread, with Turkish spiced pulled chicken, lettuce, sliced tomato, ruby slaw & tzatziki sauce. Served with sea salt fries.

Vegan Falafel Wrap

(Gw, Sd, So, Se)

€13.00

Warm falafel balls in a soft tortilla wrap with hummus, caramelised onion jam and baby leaves.

Hot Roast Beef Sandwich

(Gw, E, Mi, Sd)

€15.00

Hot roast beef in a warm ciabatta, horseradish Mayonnaise, vintage cheddar, onion jam, baby leaves. Served with sea salt fries.

Open Steak Sandwich

(Gw, E, Mi, So, MCN)

€18.50

5oz striploin on ciabatta with aioli, smoked cheese, tomato, baby leaves & crispy onions. Served with sea salt fries.

SIDES:

Sea salt fries (So,E) €5.00

Cup of fries (So,E) €3.00

Cup of soup €3.00

Ruby slaw (E, So) €3.00

Side salad (So, Sd) €5.00

Sweet potato fries (So,E) €6.00

Onion rings (So,E,Gw) €6.00

All dips/Sauces €2.00

***All of our beef is of 100% Irish origin / Service charge of 10% applies to groups of 8 and more*

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LUNCH MENU

